

4-HO-MET

4-HO-MET is an Internet drug with hallucinogenic properties similar to psilocin and psilocybin, which are the active substances in the so-called magic mushrooms, traditionally used in medical or religious contexts in contrast to 4-HO-MET, which has only been used for recreational purposes.

A qualitative study for the purpose of investigating the characteristic features of recreational use was initiated. By collecting and analysing self-reports on experiences that were posted anonymously on an *(1) motivation, preparation and expectation; (2) lateral cognition; (6) border between subject and object is blurred; (7) heaven; (8) hell; and (9) subsiding effects.*

Overwhelming and profound mental, emotional, and somatic processes took place. The character of the experiences could oscillate between "heaven (euphoria) and "hell" (anxiety and panic), but in spite the experience. The study does not provide grounds for drawing conclusion about drug abuse motives but there is an indication that the pursuit of excitement along with a need to experience something out of the ordinary can be contributing factors. The experiences described share many features with the classic hallucinogenic drugs such as LSD or psilocybin.

To date, no deaths or injuries caused by 4-HO-MET have been reported, but there are individual description of cases treated for transitory psychosis and states of disorientation at the emergency room. The risk of judgement errors and accidents under the

Interestingly, the use of this drug seemed to be analysis.

METHOXETAMINE (MXE)

MXE is an Internet drug with primarily dissociative